

Shedding Protection and Treatment

This is my opinion and does not constitute official medical advice. If you are sick or bleeding contact a competent medical authority.

Although some of us physicians have been concerned for some time about damage to unvaccinated people, and we spoke out in public forums asking for and sharing information, the pharmaceutical companies and FDA were silent. But it turns out that since 2008 and maybe earlier researchers and the FDA knew about the potential for these agents to shed.

- 1) If I were pregnant I would not be around the vaccinated., till we figure this out.
- 2) I would not have my children in public school or college till we figure this out.
- 3) Do not let vaccinated spend time in your house with your children. This may not be an issue in 3-6 mo., although the FDA--who knew about this problem (but didn't tell doctors) states that the elderly and immune compromised may be chronically infected and shed forever. For most younger people 10 weeks from vaccination and they most likely do not continue to shed.
- 4) There is an argument to prophylax with Ivermectin or HQ through this until we figure this out. (see program below)
- 5) If I had any symptoms of being "shed on" by the vaccines--bleeding, altered menses, flu-like symptoms, lymph node swelling, etc. I would seek medical care if bleeding significant, and would be treated with Ivermectin. I use a modification of the Indian protocol. If this spike protein is a prion--which by definition, not in action, it is, you do not want it to establish itself in your brain or any other part.

Symptomatic Victim of Shedding:

• Ivermectin .4mg/ kg for 5 days. Repeat the dose next week day 1 and 3, then weekly (every Monday for example) for 8 weeks. (This is my modification of the Indian protocol because my personal experience is the prophylactic dose too low to reverse all the symptoms. This is subject to modification as more data known.) Ivermectin binds the spike protein, blocks the Ace2 receptor and does other things to counteract the spike protein damage.

- N-AC 100-1200 mg/day,
- Betaine ~600 mg a day. A substitute is DMG 150-200 mg capsules, or powder 1-3 a day which may ameliorate the epigenetic control of your DNA if any synthetic DNA/RNA present.
- Vitamin D. Adults should take 5000-10,000 iu a day. (No overdoses have been recorded at 10,000 iu a day. At some point, after a couple months or so, check a level and you want to be above 55.)
- Zinc. Take 15-30 mg daily (adults)Selenium 220 mcg/ day. Don't take more.
- Quercetin 500 mg a day

- Vitamin C 1-2 gm minimum in divided doses throughout the day, I would take 5-6 gm 5000-6000 mg in 500-1000 mg every few hours.
- N-AC 600-1000 mg/day
- Lysine 1.5- 2 gm a day. (Documented to be protective by virologists in the Dominican Republic.)