

## Where to Get Treatment/ Drugs/ Supplements or

1. **You Can Get the Supplements at my site----** [www.TheMedicalRebel.com](http://www.TheMedicalRebel.com)
2. **I would love to prescribe medicines for everyone as prophylaxis but I'm only one small doctor. Here are your options:**
  - a. **You can get Hydroxychloroquine/ Ivermectin on line through** [www.AFLDS.com](http://www.AFLDS.com) or [www.DrStellaMD.com](http://www.DrStellaMD.com). **I am a proud member of the America's Frontline Doctors, but am not a practicing physician with them. I do not have anything to do with the service for prescribing medications through them. So, if you have any issues--because they are getting swamped--please contact them again. I am unable to intercede or help.**
  - a. **You can also go on line to pharmacies from outside USA. Here are some websites. I have no connection to these, nor do I endorse these particular sites, but put them out as examples:**
    - i. <https://www.grant8718pharmacy.com/>
    - ii. <https://firstmedstore.com/>

**3. For protocols go to** [www.c19protocols.com](http://www.c19protocols.com), **or you can review them at this site under "Protocols for Using Hydroxychloroquine and More"**. For me, here is how I do prophylaxis. If I am going to be on a plane or traveling, or I think I've spent time in close contact with a vaccinated person I will take 12 mg on day 1, 12 mg on day 3 and repeat monthly if still in a high risk environment. In over 27 Controlled trials this has significantly reduced risk of COVID, (by up to 73%). Treatment of actual COVID disease is trickier, but if a person gets it early within 5 days mostly it can be snuffed out with either Ivermectin daily for 3-5 days at doses in the protocols, or Hydroxychloroquine, 400 mg first dose then 200 mg twice daily for 5-14 days.

4. **If you are a resident in Nebraska or Iowa and wish treatment for COVID or viral illness, you can contact my office at:**

[EnlightenOmaha.com/consent](http://EnlightenOmaha.com/consent) or call 402-660-7161.

**We are not an emergency service. If you leave a message when we are closed we try but may not be able to get back to you until we are in the office. If you are having symptoms that are severe such as severe shortness of breath or anything you are worried about, seek emergency care.**

**LDM**