**Chlorine Dioxide Rev 18 July 23: (** For educational use only, not to be considered medical treatment.)

Why take Chlorine Dioxide (CD)? Chlorine dioxide is the "universal antitoxin". It neutralizes toxins (poisons/ contaminants), kills various parasites, is death to protozoa like swamp water contaminates, but unlike other agents such as chlorox or chlorine or hydrogen peroxide etc., this does not kill the good bacteria and is not damaging to cells. It rids the body of biofilms and L-forms such as Legionella, plasmodia, and much more. It is my opinion that viruses are not germs but actually poisons, and this truth is being hidden as we are being poisoned and convincing people they have infectious disease. It is noteworthy that in Latin ancient medical texts, virus means toxin (or poison)—it did not refer to an infectious agent/germ.

**How Do I Use CD?** This is the brief summary. It is strongly recommended you read the rest of this instruction to get a better handle on what this is and your options. You can drink CD and/or use it in the bath.

Step 1. There are two parts to chlorine Dioxide, Part A =Sodium Chlorite solution, and Part B is the Activator—usually hydrochloric acid 4% or Citric Acid (Choose Hydrochloric acid if possible). Use a clear glass. Put in one drop of Part A the Sodium Hypochlorite, , and put one drop of part B the HCL on top of it so they mix in the glass. After about 30 seconds you may see it turn a little yellow, but with this small amount it may not be evident.

Step 2. Add Water to make at least a cup. It is best to drink it over time—a little in the morning, a little afternoon, and a little in the evening. Most people at this level of one drop can drink it all at once, but there is a risk of diarrhea if you are very toxic.

Step 3. Increase dosing slowly to your desired daily level. Do three days at 1 drop of each mixed then add water, three days at 2 drops of each mixed, three days at 3 drops mixed etc. Keep increasing the number of drops until you are at least taking 5 drops a day, or more as you want. I use 15 drops a day as an "antiaging dose" but that is theoretical. A friend of mine uses 24 drops a day, because he believes he saved himself from cancer with this method. As you increase the drops, increase the amount of water until you get to a water bottle size that you can keep with you and sip on throughout the day.

## **Bath Protocol:**

I love CD in the bath. I mix  $1\frac{1}{2}$  teaspoons (6-7 cc) of Cd with 1/2-3/4 teaspoons (2-3cc) of activator. Let it sit 15-30 seconds until brown and pour into bath. Soak for at least 20 min.

## **Important Considerations:**

- The drops are mixed into about a pint or pint and a half of the best quality water available—filtered, distilled, or pure spring water etc.
- For people without stomach issues, who have normal stomach acid, when making the solution to drink all day, you do not need activator because the activator is the same acid you have in your stomach. That eliminates any taste.
- When getting started make sure to follow the procedure and start with only 1 drop a day. Do not start with a large dose because you will rapidly detoxify get diarrhea, and other signs of rapid detoxification. See full procedure below.
- Do not take antioxidants while drinking your solution. Wait for 1-2 hours after vitamin C dosing.

**What is Chlorine Dioxide?:** The active agent is <u>chlorine dioxide gas in solution</u>. This is unstable and must be mixed up as you use it. Most people start by buying a kit. Part A is Sodium Chlorite solution + Part B is activator.

- I. Part A is sometimes labelled sodium chlorite solution, but the label may say MMS or Miracle Mineral Solution.
- II. The activator is usually 4-5% hydrochloric acid. (Citric acid works but doesn't leave a good taste.)

Mixing Part A with Part B (or your own stomach acid ) creates Chlorine Dioxide gas in solution.

How does it work? CDS treats the causes of disease (dis-ease)—not the symptoms. Treating symptoms is a business model, not a healing model. In the classic practice of medicine patients were treated in a "whole-body" fashion by purification (which included spiritual healing) and detoxification. Most illnesses except for parasite diseases and deficiency diseases, are due to toxins. Medications are also toxins. But, *CDS is an anti-toxin*. When you take CDS orally it produces oxygen and chloride. It converts toxins into oxidized (neutralized) toxins. CDS is widely used in industry for sanitizing food and water, and for killing bad bacteria etc. Detoxification happens when a chemical steals electrons from the toxin or bacterial proteins. CDS has a perfect "Redox Potential" with the ability to accept electrons at a perfect voltage of 0.94 v *that attacks toxins but spares cells*. It particularly is damaging to parasites. And, It is non-corrosive, and does not create carcinogenic biproducts unlike chlorine. By contrast Hydrogen Peroxide, or chlorine, or Chlorox bleach kills bacteria *and cells*, because it they have a higher "dissociation voltage" 1.76v to 2.8 v.

Where to Obtain: You can buy the kits off the internet or health food store. Sometimes they are labelled MMS or Miracle Mineral Solution, which is liquid Sodium Chlorite at 22.4%. The activator is 4% Hydrochloric Acid (HCL) The old systems used citric acid but this tastes nasty and is not recommended. Although you may want to purchase a kit at first to get used to the process, it is easier and cheaper to make your own solution. (See below)

**Testing for the Quality of your Solution.** Make sure you have good quality solution. The mixture of the MMS with the Activator should give you a brown/ amber liquid. If only using a drop or two it may look more yellow. A good test is a shot glass with 5 ml (1 teaspoon) MMS and 2 1/2 ml, (1/2 teaspoon) activator—color should be more amber brown than yellow after 45 seconds.

**Make Your Own Solution**: If you want to make your own solution—which I recommend--here is the formula from Pastor Grenon at the Genesis II Church. It is a two-part formula:

Part 1: Mix 280 grams of Sodium Chlorite Crystals with 720 grams of warm distilled water. (The standard ratio 1 lb. of crystals to 2.57 lb. of warm water). This 280 gm will make seven 4 oz. bottles. Store the mixture in a pharmaceutical brown glass bottle, or make a sun proof wrapping. Fill the bottles full so minimal air is in the bottles. (Although I have not had half filled bottles go bad.) I tried using 4 oz brown "perfume" bottles with droppers for storage but the rubber around the dropper was eaten away in the HCL activator bottles. Now, I literally store mine in clean used brown or blue 750 ml liquor or beer or wine bottles that are CLEARLY LABELLED. I make a double batch of the Sodium Chlorite solution (MMS). Do not let the sun hit the bottle. You are recommended to Refrigerate after opening—but I don't do that and see no issues. I do not expose it to extremes of temp however.

Either use Stellar brand Sodium Chlorite flakes, or make sure to buy Sodium Chlorite Crystals that contains less than 1% NaCLO3. If it is more than 1% it is cheap Chinese made. The Chinese also make good quality, but you must look carefully at the ingredient list not just the price. I buy from Stellar Company via Amazon, and it does not list the % NaCLO3 but is known to be good quality by others with experience using it.

Part 2: HCL (Hydrochloric or Muriatic Acid ) is sold at Hardware stores. It is usually about 32% HCL. To make the Activator Solution, you will add 1/4 C of the 32% HCL to 1 3/4C Distilled water. Be careful---Never add water to acid. ALWAYS add acid to water

**To Use the Solution**: Always mix equal drops (for example 3 drops of MMS, 3 drops of activator) in a glass or plastic container (not metal) and let it sit for 30 sec to a minute. It should turn yellowish/ brown. Put into tall glass or preferably a capped water bottle you can sip on over time.

**Starting Procedure if Acutely III:** This requires using the "activated" solution above. But in the case of illness I have my family and friends who are not on CD already do this:

1. Activate 1 drop in a dry clean glass, add water and drink every hour while awake. 2.

Activate a teaspoon of MMS with ½ teas Activator and when it turns brown, pour into a hot bath twice a day. If at any time a person gets diarrhea or rash or vomiting, slow down the oral rate to 1 drop every two hours. Anytime you have diarrhea it is important to keep up with

fluids—specifically water maybe with a ¼ teas Baking soda added—but don't mix into the CD water.

## **Other General Points**

Active Malaria is a higher dose. The protocol in Uganda is 15 drops in a gulp of water and 1 hour later do that again. Pastor Grenon has a syllabus that is disease specific. He also wrote a book Imagine a World Without Dis-Ease. You can support his family effort to get out of jail and back to their ministry by purchasing the book at:

www.printshopcentral.com/bookstore/book/-imagine-a-world-without-dis-ease-is-it-possible-volume-one

**How long do I use the solution?** I plan on using forever. Some people instead of sipping on it use 3 drops a day for 30-60 days then go to a Maintenance of 3-6 drops 4-5 times a week at bedtime. Bathing protocol can go on forever...

Are There Side Effects? Andreas Kalcker is a good resource to research this. But in short, the side effects are due to the effectiveness of the anti-toxin activity. As you detox or treat cancer or infections you can get a "Herxheimer" reaction—a cold-like reaction, fatigue, muscle aches etc. Or you can get severe diarrhea or a rash. Keep yourself hydrated and it will resolve. The only real risk of which I am aware are sudden fluid shifts—unless you have a large infestation of brain parasites which is rare and requires medical formal management.

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