

Chlorine Dioxide—the Universal Antidote.

For educational use only, not to be considered medical treatment

TERMS

- **CDS:** Chlorine Dioxide Solution which contains Chlorine Dioxide (CD) gas derived from MMS + Activator
- **MMS:** Miracle Mineral Solution or Magic Mineral Solution. (Often inaccurately referred as Chlorine Dioxide or CD)
- **Activator:** Either 4% Hydrochloric Acid, Citric Acid or your own stomach acid
- **Toxin:** Poison
- **Antidote:** Anti-toxin •

Redox potential (AKA **oxidation or reduction potential**): A measure of the tendency of a chemical type to acquire electrons from or lose them to an electrode and thereby be reduced or oxidized respectively. Redox potential is expressed in volts.

What is it Chlorine Dioxide Solution (CDS) and how does it work? -----

CDS is an anti-toxin. When toxins meet CDS, electrons are exchanged neutralizing the toxin (poison). CDS is widely used in industries for sanitizing foods and water, killing bad bacteria etc.

CDS is not Chlorox or other harsh disinfectants. Hydrogen Peroxide, Chlorox and similar products kill all cells and bacteria they contact. But CDS has the miraculous benefit of only killing the bad guys—bad bacteria and toxic chemicals, and leaving the good guys alone. This is great for preserving your gut and skin bacteria which are so critical to a healthy immune system.

CDS has a perfect redox potential with the ability to steal electrons at a perfect voltage of 0.94 so it is non- corrosive and does not create harmful byproducts.

Where to Obtain CDS -----

You can buy CDS kits off the internet or at health food stores. Sometimes it's labelled MMS or Miracle Mineral Solution, which is liquid Sodium Chlorite at 22.4%. The activator is typically 4% Hydrochloric Acid (HCL). Older systems/kits used citric acid but it tastes nasty and is not recommended.

Although you may want to purchase a kit at first to get used to the process, it is easier and cheaper to make your own solution. (See below). There are 2-part kits, and the crystals to make your own on Amazon. Or you can buy from KVLabs on line.



Quality Control of a CDS Kit

The mixture of the MMS with the activator should produce a yellow to brown/amber liquid within a minute of mixing the two parts. A good test is to grab a shot glass and add 1 teaspoon of MMS and 1/2 teaspoon of the activator— the color should be more amber brown than yellow.

Make Your Own MMS-----

- Buy Sodium Chlorite Crystals that contains less than 1% NaClO₃. I buy from Stellar Company or via Amazon. It does not list the % NaClO₃ but is known to be good quality by others with experience using it.
- Obtain 4 oz pharmaceutical brown glass bottles (with droppers separate) for use. (For storage, you can use brown beer bottles or wine bottles or opaque liquor bottles and close with a cork.
- Clearly label the bottles MMS.
- **Mix 280 grams of Sodium Chlorite Crystals with 720 grams of warm distilled water.** (The standard ratio 1 lb. of crystals to 2.57 lb. of warm water). This will make seven 4 oz. bottles. I usually make a double amount, and I use old colored liquor bottles which fit in my cabinet for storage.



Note: It is important to keep the bottles out of the sun. The sun can cause chemical breakdown, so use colored bottles. Also keep away from high heat but they don't need refrigerated. You are never going to store a mixture of the two parts. You will store the MMS and the activator separately.

Mix Your Activator-----

- HCL (Hydrochloric or Muriatic Acid) is sold at Hardware stores. It is usually about 32% HCL. To make the Activator Solution, you will add 1/4 cup of the 32% HCL to 1 and 3/4 cups of distilled water. **CAUTION!!! NEVER ADD WATER TO ACID. ALWAYS ADD ACID TO WATER.**

Starting use (see video on the front page of this site for easy understanding):-----

Day 1-3: Mix 1 drop MMS (Sodium chlorite solution) and 1 drop activator in a shot glass or similar small clear glass. You can use plastic but never metal. Wait 30-45 seconds and when it is yellow or light brown, add to a plastic or glass bottle with a lid and fill 10-12 oz of filtered water. Sip the solution in the bottle all day long. You get much more benefit by taking a few sips every hour, rather than all at once. CDS only lasts about 45 min after you swallow it. So for killing parasites, bacteria, etc. more frequent dosing important.

NOTE: If you don't have issues with heartburn or other gut problems, your stomach acid is probably normal and can be considered the activator. In such a case you don't need to add activator to the MMS. Your stomach acid is the similar to using HCL as the activator. You still need to drink the drops in a covered bottle over the course of a day.

DAY 4-6: Repeat as above with 2 drops activated CDS.

DAY 7-9: Repeat as above with 3 drops activated CDS

Days 10+. The amount you take every day is up to you depending on your circumstances. You can stay at 3 drops a day—but I think that is the low side for results. Many people use 8-10 drops for general detoxification. I use 15 drops a day as an "anti-aging" protocol, but this is a personal preference. My friend used CD for cancer treatment and he maintains on 24 drops a day.

- If you get loose stools or frank diarrhea that is either due to 1) a high degree of toxicity in your body or 2) taking too many drops over too short a period of time. (Trust me, you don't want to get massive diarrhea.) See video about this. This is not an allergy. Diarrhea, rash, sweating, etc. is your body pushing out the toxins you have neutralized with CDS. You can use a toxin binder such as apple pectin or activated charcoal etc., but never use something that stops the bowel such as Imodium. You want to get the toxins out, not reabsorb them from the bowel.

Bathing Use

- In a regular sized bathtub, mix a teaspoon of MMS with 1/4 to 1/2 teaspoon of the activator and when it turns amber or brown add to bath. Soak in warm to hot bath for at least 20 min. If you have a large tub you can add more. I use two teaspoons of MMS and 1/2 teaspoon of the activator.

Using CD topically:-----

There is ongoing cancer research using hourly topical CD. I like to do this two days a week to take a break from the liquid, and have used it on wounds and minor infections etc. Because it used DMSO you may have a sulphur odor, so I do this on two sequential days I stay home.

Activate 3 drops CD. Add 6 drops 75% pharmaceutical grade DMSO and rub onto clean skin. (Caution: DMSO is a carrier molecule so anything on your skin will be carried into your blood stream. Use only on clean skin.