Long Haul Syndrome Treatment

These are suggestions that have worked for people. There is no completely proven protocol and it is a work in progress. As we know more I will update. These are in order I would do them, and combining multiple strategies problably best. But start one at a time and add after a few days... I am putting in order by ease of doing them, cost

- 1. Nicorette gum 2 mg 1-2 x a day, or a nicotine patch. Also see my Immune Stack under the shop tab. This is a combination of several supplements (including selenium and Betaine) that are excellent for general purpose wellness and to offset some Vax damage.
- 2. IVM .5 mg/kg for 5 days then one day a week for 98 weeks.
- 3. Hyperbaric Oxygen therapy
- 4. Steroid dose pak by prescription or a 7 day dose of Prednisone in declining doses—You can obtain from overseas and study dosing on line.