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**CDS = Chlorine Dioxide Solution which is CD gas in solution**

**MMS = Miracle Mineral Solution or Magic Mineral Solution. ( Often referred to inaccurately as CD)**

**Activator = either 4% Hydrochloric Acid or Citric Acid.**

**MMS + Activator = CDS a liquid with CD gas in solution**

**Other terms: Toxin = Poison, Antidote = Anti=toxin**

( For educational use only, not to be considered medical treatment.)

For more information I highly recommend the Telegram Channel on Chlorine Dioxide and the Documentary “The Universal Antidote”. There are follow up videos that author created to clarify things. A big problem with the whole “movement” of MMS/ CD is the confusion of the two names and the different concentrations and procedures. MMS is the solution you make from crystals, that is mixed for use with an activator to produce the CD gas in the drinking water etc.

**What is it and how does it work?** CDS treats the causes not the symptoms. Treating symptoms is a business model, not a healing model. In the classic practice of medicine patients were treated in a “whole-body” fashion by purification (which included spiritual healing) and detoxification. The word “Virus” means poison or toxin in Latin. It does not imply an infectious biologic agent.

Most illnesses except for parasites are due to toxins. Medications are also toxins. But, **CDS is an anti-toxin**. When you take CDS orally it produces oxygen and chloride. It converts toxins into oxidized (neutralized) toxins. CDS is widely used in industry for sanitizing foods and water, and for killing bad bacteria etc. Detoxification happens when a chemical steals electrons from the toxin or bacterial proteins. CDS has a perfect “Redox Potential” with the ability to accept electrons at a perfect voltage of 0.94 v **that attacks toxins but spares cells**. It is non- corrosive, and does not create carcinogenic biproducts unlike chlorine. By contrast Hydrogen Peroxide, or chlorine, or Chlorox bleach kills bacteria *and cells*, because it they have a higher voltage 1.76v to 2.8 v.

**Where to Obtain:** You can buy the kits off the internet or health food store. Sometimes they are labelled MMS or Miracle Mineral Solution, which is liquid Sodium Chlorite at 22.4%. The activator is 4% Hydrochloric Acid (HCL) The old systems used citric acid but this tastes nasty and is not recommended. Although you may want to purchase a kit at first to get used to the process, it is easier and cheaper to make your own solution. (See below)

**Testing for the Quality of your Solution.** Make sure you have good quality solution. The mixture of the MMS with the Activator should give you a brown/ amber liquid. If only using a

drop or two it may look more yellow. A good test is a shot glass with 5 ml (1 teaspoon) MMS and 2½ ml, (1/2 teaspoon) activator—color should be more amber brown than yellow.

**Make Your Own Solution:** If you want to make your own solution—which I recommend--here is the formula from Pastor Grenon at the Genesis II Church:

Make sure to buy Sodium Chlorite Crystals that contains less than 1% NaClO<sub>3</sub>. If it is more than 1% it is cheap Chinese made. The Chinese also make good quality, but you must look carefully at the ingredient list not just the price. I buy from Stellar Company via Amazon, and it does not list the % NaClO<sub>3</sub> but is known to be good quality by others with experience using it. I also got 4 oz brown bottles (with droppers separate) for storage (not blue if possible because it is not as light resistant). (For larger amounts of the MMS Solution, I actually repurposed a Hendricks Gin Bottle that was dark blue, and took most of the made up solution. I keep it in a dark cupboard clearly labelled MMS).

**Mix 280 grams of Sodium Chlorite Crystals with 720 grams of warm distilled water.** (The standard ratio 1 lb. of crystals to 2.57 lb. of warm water). This will make seven 4 oz. bottles. Store in a pharmaceutical brown glass bottle, or make a sun proof wrapping. Fill the bottles full so no air is in the bottles. Do not let the sun hit the bottle. You are supposed to Refrigerate after opening. I didn't do that at first and saw no issues.

**HCL (Hydrochloric or Muriatic Acid is sold at Hardware stores. It is usually about 32% HCL. To make the Activator Solution, you will add ¼ C of the 32% to 1 and 3/4C Distilled water.**

**CAUTION CAUTION: NEVER ADD WATER TO ACID.**  
**ALWAYS ADD ACID TO WATER.**

**To Use the Solution:** Always mix equal drops (for example 3 drops of MMS, 3 drops of activator)in a glass or plastic container (not metal) and let it sit for a minute or two. It should turn yellowish/ brown. Put into tall glass or preferably a capped water bottle you can sip on over time. If you have any stomach issues start small with 1 drop formula, then add a lot of water and sip over time. If you are going to drink it over the course of an 8-hour day (which is recommended), keep covering the container.

**Starting Procedure:** It is important to start small. The more toxic you are the more reaction you may get. (Trust me, you don't want to get massive diarrhea.) Start at 1 drop of each a day mixed as above. If you have no diarrhea after a couple days go to 2 drops. If you have no problems after 2-3 days go to 3 drops. Bishop Grenon generally uses a 3 drop a day dose for maintenance, but others use a higher "anti-aging" dose of 15 drops a day. That takes a buildup to reach. If you have no heartburn or any other gut problem, your stomach acid is probably normal, and you can avoid any taste issues by eliminating the activator and just use drops of the MMS. Your stomach acid is the same HCL as the activator.

Do not take antioxidants while drinking your solution. Wait for 2 hours after a meal or vitamin dosing. (So, if you do daily timed dieting, and you have a 14-hour period of not eating, it is best to take the solution during that time. )

Malaria is a higher dose. The protocol in Uganda is 15 drops in a gulp of water and 1 hour later do that again. Pastor Grenon has a syllabus that is disease specific. He also wrote a book [Imagine a World Without Dis-Ease](#). You can support his family effort to get out of jail and back to their ministry by purchasing the book at:

[www.printshopcentral.com/bookstore/book/-imagine-a-world-without-dis-ease-is-it-possible-volume-one](http://www.printshopcentral.com/bookstore/book/-imagine-a-world-without-dis-ease-is-it-possible-volume-one)

**Bath Procedure:** For routine use, mix 5 ml MMS with 2.5 ml activator. Let it react a min or two. Add to the bath water.

**How long do I use the solution?** 30-60 days detox at 3 drops a day. Maintenance 3-6 drops 4-5 times a week at bedtime. Bathing protocol can go on forever...

**Are There Side Effects?** Andreas Kalcker is a good resource to research this. But in short, the side effects are due to the effectiveness of the anti-toxin activity. As you detox or treat cancer or infections you can get a “Herxheimer” reaction—a cold-like reaction, fatigue, muscle aches etc.

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